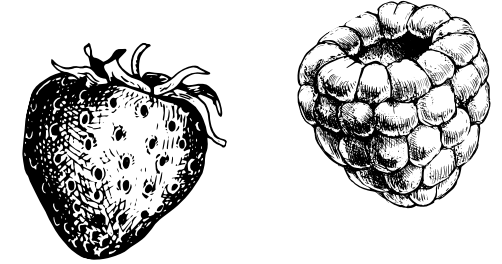


Eat The Seasons



Week commencing 09/01/2023



MAIN DISHES

MONDAY Mongolian Pork, Asian Greens, Soy Fried Rice

TUESDAY Southern Fried Chicken, American Slaw, Rosemary Salted Fries

WEDNESDAY Turkey, Leek, Bacon & Tarragon Pie, Braised Red Cabbage, Buttered Mash

THURSDAY Pork & Herb Meatballs, Spiced Tomato Sauce, Pasta, Garlic Bread

FRIDAY Stone & Dough (Different Style Pizza)

VEGETARIAN DISHES

MONDAY Tempura Veg, Asian Greens, Soy Fried Rice (v)

TUESDAY Southern Fried Halloumi, American Slaw, Rosemary Salted Fries (v)

WEDNESDAY Crispy Mushroom Risotto Balls, Tomato Sauce, Garden Salad (V)

THURSDAY Egg Baked Shakshuka, Olive Bread (v)

FRIDAY Stone & Dough (Different Style Pizza)

HALAL DISHES

MONDAY Garlic, Chili, Ginger Chicken, Asian Greens, Soy Fried Rice (H)

TUESDAY Chickpea & vegetable Stew, Herb Roasted Potatoes (H)

WEDNESDAY Lamb & Rosemary Meatballs, Tomato Sauce, Pasta, Garlic Bread (H)

THURSDAY Roasted Chicken, Bubble & Squeak, Vegetable Gravy (H)

FRIDAY Stone & Dough (Different Style Pizza) (H)

PLEASE NOTE: The Halal options are available to those who follow a Halal diet

DESSERTS

MONDAY Golden Syrup Sponge

TUESDAY Cinnamon Apple Cake

WEDNESDAY Malva Pudding (South African Apricot Pudding)

THURSDAY Pudding Club

FRIDAY Smores Sweet Pizza

AVAILABLE DAILY

Cheese & Crackers

Whole Fruit

