**VISION BOARDS FOR BEGINNERS**

Adult Learning 19+

**Booking Essential**

What better way to start your year by creating a visual picture of your life goals for the future.

We’ll look at where you are now and what areas of your life you want to work on.  Think about your ideal life.  And by using quotes, pictures, words, souvenirs, photographs, trinkets, intentions you will create your own vision board to help you identify and focus on your life goals. You will walk away with your very own vision board.

Ideal for anyone looking to reflect and set goals for 2023 and the future.

Beeston Library

 

 **Beeston Library**

**Starts: Saturday 21st January 23**

**Time: 10.00am – 1:00pm**

**For: 1 session**

**COST: £10.50**

**FREE tuition for people on most means tested benefits**

 **Foster Avenue**

 **Beeston**

 **Nottingham**

 **NG8 1AE**