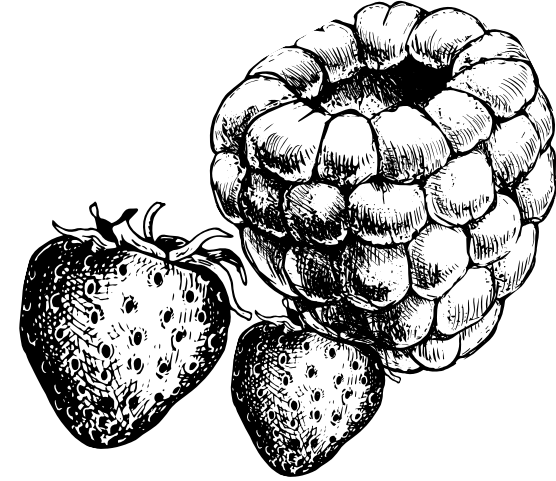


Eat The Seasons



Week commencing 21/11/2022



MAIN DISHES

MONDAY Gammon, Leek & Cheese Pastry Pot Pie, Crushed New Potatoes, Broccoli & Braised Red Cabbage

TUESDAY Crispy Chicken Wrap, Tasty Rice, Warm Root Vegetable Slaw

WEDNESDAY Beef Koftas, Hand Rolled Flatbread & Spiced Fries

THURSDAY 5 Bean Chilli, Rice & Nachos

FRIDAY Battered Sausage, Chips & Mushy Peas

VEGETARIAN DISHES

MONDAY Vegetable Cottage Pie, Broccoli & Braised Red Cabbage (V)

TUESDAY Vegetable Burger, French Fries & Slaw (V)

WEDNESDAY Goats Cheese, Red Onion Chutney Tart, Buttered New Potatoes & Rocket Salad (V)

THURSDAY Cauliflower Pakora, Rice & Mango Salsa (V)

FRIDAY Mixed Mushroom Stir-Fry, Egg Noodles (V)

HALAL DISHES

MONDAY Pot Roast Chicken, Crushed New Potatoes, Koffmann Cabbage (H)

TUESDAY Diced Beef Curry, Rice, Hand Rolled Flatbread (H)

WEDNESDAY Thyme, Lemon & Black Pepper Chicken, Celeriac Mash & Peas (H)

THURSDAY Courgette Fritters, Warm New Potatoes & Rocket Salad (H)

FRIDAY Battered Chicken Sausage, Chips & Chip Shop Curry Sauce (H)

PLEASE NOTE: The Halal options are available to those who follow a Halal diet

DESSERTS

MONDAY Golden Syrup Sponge, Vanilla Custard

TUESDAY Spotted Dick, Pouring Cream

WEDNESDAY Chocolate Rice Pudding

THURSDAY Treacle Tart, Chantilly Cream

FRIDAY Foxwood Pudding Club

AVAILABLE DAILY

Cheese & Crackers

Whole Fruit

Natural Greek Yoghurt

