

FREE TRAINING

IDENTIFICATION BRIEF ADVICE (IBA)

This training will equip you with the skills, knowledge and resources to undertake Identification and Brief Advice around alcohol. You will learn how to approach those difficult conversations with people around their alcohol consumption comfortably and how to address any issues that may be raised. You will experience the Alcohol Screening Tool, and how it works and its uses. You will also be made aware of the services out there that can offer support to people and how to make a referral. This training is suitable for individuals or teams, and can be delivered in a format that is bespoke to your teams delivery and service users.

CAPACITY

We like to keep the groups to around 10 in order to allow for questions and inclusive discussion.

DURATION

The course lasts for 1 hour.

Training can be delivered virtually or face to face. To book a session, please email Rosie: rwaters@ablhealth.co.uk



Your Health
Your Way

